



# **HOW ABA THERAPY CAN TRANSFORM** YOUR CHILD'S LIFE



# **IDENTIFICATION AND ASSESSMENT**

The first step in ABA therapy involves a comprehensive evaluation of the child's behaviors, skills, and specific needs.





## INDIVIDUALIZED TREATMENT PLAN

Based on the assessment, a tailored treatment plan is created, focusing on specific goals and objectives for the child.

#### **POSITIVE REINFORCEMENT**

ABA therapy in Northwestern utilizes positive reinforcement techniques to strengthen desirable encourage and behaviors while minimizing undesired behaviors.



#### **GENERALIZATION AND MAINTENANCE**



the therapy focuses on ensuring that the acquired skills are maintained over time, leading to long-term positive outcomes for the child.

### FAMILY INVOLVEMENT AND SUPPORT

Family members are actively involved in the therapy process, learning the strategies and techniques used in ABA therapy to support child's progress outside of therapy the sessions.





